



A diagnosis of Congenital Heart Disease (CHD) is devastating, stressful, overwhelming, and more. Each year, about 40,000 new families will receive a CHD diagnosis. In fact, CHD is the **most common** birth defects in the United States effecting about **1 in 100** babies. There is **no cure**, nearly 3 million children and adults are living with CHD.

The Conquering CHD's mission is to "**Conquer Congenital Heart Disease.**" We are accomplishing this through collaboration with patients, parents, providers, and partner organizations to improve quality and outcomes through CHD education, support, research, and awareness.

Conquering CHD - Illinois distributes Conquering CHD kit care packages that provide resources to navigate important information. Resources include our Guided Questions Tool, which helps families know what important questions to ask their medical team, comfort items during hospital stays for both parents and patient, and information on how to connect with other heart families locally.

You can help make a difference for heart warriors by hosting a Conquering CHD Kit Drive in your community!
Below is a list of items of which we are always in need.

Items for Conquering CHD Kits

(All items must be new for the health & safety of the patients)

- Travel sized toiletry items - shampoo, conditioner, soap, body wash, lotion, Chapstick, Kleenex, hand sanitizer, tooth brush, tooth paste,
- Book/Puzzle/Coloring Book for kids of all ages
- 8 pack of Crayons
- 8 pack of Color Pencils
- Blankets
- Playing Cards
- Slippers or socks for kids/adults

***Edit and add items your chapter board has decided to add to kits!**

For more information on how to set up or deliver items after a care package drive, please email:

illinois@conqueringchd.org