



Pediatric Congenital
Heart Association
Illinois



A diagnosis of Congenital Heart Disease (CHD) is devastating, stressful, overwhelming and more. This happens to about 40,000 new families each year. In fact, CHD is the **most common** birth defects in the United States effecting about **1 in 100** babies.

The Pediatric Congenital Heart Association's mission is to "**Conquer Congenital Heart Disease.**" We are accomplishing this through collaboration with patients, parents, providers, and partner organizations to improve quality and outcomes through CHD education, support, research and awareness.

PCHA State Chapters distribute Care Packages that provide resources to navigate important information. Resources like our guided questions to ask your medical team important questions, comfort items during hospital stays for both parents and patient, and information on how to connect with other heart families locally.

You can help make a difference for heart warriors by hosting a Care Package Drive in your community!
Below is a list of items we are always in need of.

Email for more information on how to set up or deliver items after a care package drive, please email:
pcha.il@conqueringchd.org

Items for Care Package Kits

(All items must be new for the health & safety of the patients)

- Travel sized toiletry Items - shampoo, soap, lotion, Chapstick, Kleenex, Hand Sanitizer
- Book/Puzzle/Coloring Book for kids of all ages
- 8 pack of Crayons
- 8 pack of Color Pencils
- Super Hero Socks (kids to adult sizes)
- Blankets
- Playing Cards
- Gum/Mints
- Snacks